



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Lünser, Christian

Club: BSG Steigerwald

Number: 142

Course: 12.70 km

Schneekopflauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:18:31

Speed: 9.17 km/h

Running performance: 6:11 min/km

Rank in course/Total: 154 (of 267)

Rank in course/Men: 142 (of 219)

Best time in course: 47:54

Rank in category: 29(of 35)

Best time in the category: 49:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:04	5:04	22	1:16	101	1:26	0.80	4:04	5:04	22	1:16	101	1:26
oberhalb Alte Trä	5.50	34:39	6:17	27	10:11	124	13:34	6.30	38:43	6:08	27	11:27	123	15:00
Finish	6.40	39:48	6:13	28	12:47	139	15:37	12.70	1:18:31	6:10	29	28:36	142	30:37