



14. Schneekopflauf  
Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

**Trautmann, Jürgen**

Club: Barchfeld  
Number: 149

Course: 12.70 km  
Schneekopflauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:24:56

Speed: 8.48 km/h  
Running performance: 6:41 min/km

Rank in course/Total: 203 (of 267)

Rank in course/Men: 181 (of 219)

Best time in course: 47:54

Rank in category: 24(of 29)

Best time in the category: 59:54

Intermediate times

Stage score

Total ranking

| Control           | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                   |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| tiefster Punkt    | 0.80        | 4:47          | 5:58            | 20          | 1:51           | 170         | 2:09          | 0.80          | 4:47          | 5:58            | 20          | 1:51           | 170        | 2:09          |
| oberhalb Alte Trä | 5.50        | 38:09         | 6:56            | 20          | 11:29          | 163         | 17:04         | 6.30          | 42:56         | 6:48            | 20          | 13:20          | 166        | 19:13         |
| Finish            | 6.40        | 42:00         | 6:33            | 20          | 11:53          | 157         | 17:49         | 12.70         | 1:24:56       | 6:41            | 24          | 25:02          | 180        | 37:02         |