



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Zscharnt, Holger

Club: DAV Inselberg
Number: 151

Course: 12.70 km
Schneekopflauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:36:06

Speed: 7.49 km/h
Running performance: 7:34 min/km

Rank in course/Total: 252 (of 267)

Rank in course/Men: 214 (of 219)

Best time in course: 47:54

Rank in category: 27(of 29)

Best time in the category: 59:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:46	5:57	19	1:50	167	2:08	0.80	4:46	5:57	19	1:50	167	2:08
oberhalb Alte Trä	5.50	43:40	7:56	24	17:00	194	22:35	6.30	48:26	7:41	24	18:50	194	24:43
Finish	6.40	47:40	7:26	23	17:33	190	23:29	12.70	1:36:06	7:34	27	36:12	213	48:12