



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Dehmel, Gerhard

Club: ThwV Ilmenau

Number: 164

Course: 12.70 km

Schneekopflauf

Category:

Senioren M75 (75-79 Jahre)

Total time: 1:29:16

Speed: 8.54 km/h

Running performance: 7:02 min/km

Rank in course/Total: 225 (of 267)

Rank in course/Men: 199 (of 219)

Best time in course: 47:54

Rank in category: 2(of 2)

Best time in the category: 1:28:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:27	5:33	1	-	146	1:49	0.80	4:27	5:33	1	-	146	1:49
oberhalb Alte Trä	5.50	39:46	7:13	2	0:16	180	18:41	6.30	44:13	7:01	1	-	178	20:30
Finish	6.40	45:03	7:02	2	1:22	178	20:52	12.70	1:29:16	7:01	2	1:00	198	41:22