



# 14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

## Detailed evaluation

**Arnold, Rene**

Club: SSV Erfurt 02  
Number: 165

Course: 12.70 km  
Schneekopflauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:06:52

Speed: 10.77 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 54 (of 267)

Rank in course/Men: 51 (of 219)

Best time in course: 47:54

Rank in category: 4(of 25)

Best time in the category: 54:37

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	3:35	4:28	4	0:47	56	0:57	0.80	3:35	4:28	4	0:47	56	0:57
oberhalb Alte Trä	5.50	30:07	5:28	3	5:33	49	9:02	6.30	33:42	5:20	3	6:20	47	9:59
Finish	6.40	33:10	5:10	3	5:55	45	8:59	12.70	1:06:52	5:15	4	12:15	51	18:58