



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Krannich, Steffen

Club: Beach-Volleyball-Club Altenfeld
Number: 170

Course: 12.70 km
Schneekopflauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:10:40

Speed: 10.19 km/h
Running performance: 5:34 min/km

Rank in course/Total: 92 (of 267)

Rank in course/Men: 88 (of 219)

Best time in course: 47:54

Rank in category: 9(of 29)

Best time in the category: 59:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	3:34	4:27	7	0:38	55	0:56	0.80	3:34	4:27	7	0:38	55	0:56
oberhalb Alte Trä	5.50	31:23	5:42	7	4:43	76	10:18	6.30	34:57	5:32	7	5:21	70	11:14
Finish	6.40	35:43	5:34	7	5:36	87	11:32	12.70	1:10:40	5:33	9	10:46	88	22:46