



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Albrecht, Randy

Club: Bundeswehr Rennerod
Number: 174

Course: 12.70 km
Schneekopflauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:34:36

Speed: 7.61 km/h
Running performance: 7:27 min/km

Rank in course/Total: 249 (of 267)

Rank in course/Men: 212 (of 219)

Best time in course: 47:54

Rank in category: 25(of 25)

Best time in the category: 54:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:29	5:36	16	1:41	148	1:51	0.80	4:29	5:36	16	1:41	148	1:51
oberhalb Alte Trä	5.50	41:20	7:30	21	16:46	190	20:15	6.30	45:49	7:16	21	18:27	190	22:06
Finish	6.40	48:47	7:37	21	21:32	192	24:36	12.70	1:34:36	7:26	25	39:59	210	46:42