



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Heilwagen, René

Club: Rennsteiglaufverein

Number: 177

Course: 12.70 km

Schneekopflauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:13:25

Speed: 9.81 km/h

Running performance: 5:47 min/km

Rank in course/Total: 119 (of 267)

Rank in course/Men: 114 (of 219)

Best time in course: 47:54

Rank in category: 12(of 29)

Best time in the category: 59:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:17	5:21	16	1:21	132	1:39	0.80	4:17	5:21	16	1:21	132	1:39
oberhalb Alte Trä	5.50	32:57	5:59	8	6:17	101	11:52	6.30	37:14	5:54	10	7:38	105	13:31
Finish	6.40	36:11	5:39	8	6:04	94	12:00	12.70	1:13:25	5:46	12	13:31	114	25:31