



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Nicolai, Halvar

Club: LSV Ilmenau
Number: 187

Course: 12.70 km
Schneekopflauf

Category:
Männer (20-29 Jahre)

Total time: 54:41

Speed: 13.17 km/h
Running performance: 4:19 min/km

Rank in course/Total: 6 (of 267)

Rank in course/Men: 6 (of 219)

Best time in course: 47:54

Rank in category: 3(of 28)

Best time in the category: 47:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	2:56	3:39	3	0:18	10	0:18	0.80	2:56	3:39	3	0:18	10	0:18
oberhalb Alte Trä	5.50	24:45	4:30	3	3:40	6	3:40	6.30	27:41	4:23	3	3:58	6	3:58
Finish	6.40	27:00	4:13	3	2:49	3	2:49	12.70	54:41	4:18	3	6:47	6	6:47