



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Fasold, Frank

Club: FC

Number: 29

Course: 12.70 km

Schneekopflauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:20:58

Speed: 8.89 km/h

Running performance: 6:23 min/km

Rank in course/Total: 179 (of 267)

Rank in course/Men: 164 (of 219)

Best time in course: 47:54

Rank in category: 19(of 25)

Best time in the category: 54:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:49	6:01	20	2:01	175	2:11	0.80	4:49	6:01	20	2:01	175	2:11
oberhalb Alte Trä	5.50	35:56	6:31	16	11:22	138	14:51	6.30	40:45	6:28	16	13:23	145	17:02
Finish	6.40	40:13	6:17	16	12:58	144	16:02	12.70	1:20:58	6:22	19	26:21	164	33:04