



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Heymann, Peter

Club: Lauftreff hohe maas

Number: 195

Course: 12.70 km

Schneekopflauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:23:36

Speed: 8.61 km/h

Running performance: 6:35 min/km

Rank in course/Total: 197 (of 267)

Rank in course/Men: 177 (of 219)

Best time in course: 47:54

Rank in category: 10(of 13)

Best time in the category: 1:04:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:54	6:07	10	1:39	181	2:16	0.80	4:54	6:07	10	1:39	181	2:16
oberhalb Alte Trä	5.50	36:38	6:39	7	7:42	147	15:33	6.30	41:32	6:35	7	9:21	152	17:49
Finish	6.40	42:04	6:34	8	9:33	159	17:53	12.70	1:23:36	6:34	10	18:54	176	35:42