



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Kaufmann, Roland

Club: LfB beberstedt 26

Number: 197

Course: 12.70 km

Schneekopflauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:29:07

Speed: 8.08 km/h

Running performance: 7:01 min/km

Rank in course/Total: 224 (of 267)

Rank in course/Men: 198 (of 219)

Best time in course: 47:54

Rank in category: 12(of 13)

Best time in the category: 1:04:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:15	5:18	6	1:00	129	1:37	0.80	4:15	5:18	6	1:00	129	1:37
oberhalb Alte Trä	5.50	39:01	7:05	10	10:05	173	17:56	6.30	43:16	6:52	9	11:05	170	19:33
Finish	6.40	45:51	7:09	10	13:20	184	21:40	12.70	1:29:07	7:01	12	24:25	197	41:13