



# 14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

## Detailed evaluation

**Boden Stein, Björn**

Club: SCM Zella-Mehlis  
Number: 198

Course: 12.70 km  
Schneekopflauf

Category:  
Senioren M30 (30-34 Jahre)

**Total time: 1:13:51**

Speed: 9.75 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 122 (of 267)

Rank in course/Men: 117 (of 219)

Best time in course: 47:54

Rank in category: 27(of 35)

Best time in the category: 49:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:23	5:28	28	1:35	142	1:45	0.80	4:23	5:28	28	1:35	142	1:45
oberhalb Alte Trä	5.50	32:53	5:58	25	8:25	100	11:48	6.30	37:16	5:54	24	10:00	106	13:33
Finish	6.40	36:35	5:42	25	9:34	99	12:24	12.70	1:13:51	5:48	27	23:56	117	25:57