



14. Schneekopflauf
Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Lösch, Thomas

Club: GMRLV
Number: 208

Course: 12.70 km
Schneekopflauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:08:16

Speed: 10.55 km/h
Running performance: 5:23 min/km

Rank in course/Total: 67 (of 267)

Rank in course/Men: 63 (of 219)

Best time in course: 47:54

Rank in category: 7(of 29)

Best time in the category: 59:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	3:26	4:17	6	0:30	45	0:48	0.80	3:26	4:17	6	0:30	45	0:48
oberhalb Alte Trä	5.50	30:38	5:34	5	3:58	57	9:33	6.30	34:04	5:24	5	4:28	51	10:21
Finish	6.40	34:12	5:20	5	4:05	60	10:01	12.70	1:08:16	5:22	7	8:22	63	20:22