



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Lösch, Silke

Club: Rennsteiglaufverein
Number: 209

Course: 12.70 km
Schneekopflauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:30:58

Speed: 7.91 km/h
Running performance: 7:10 min/km

Rank in course/Total: 236 (of 267)

Rank in course/Women: 31 (of 48)

Best time in course: 58:50

Rank in category: 5(of 7)

Best time in the category: 1:17:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
tiefster Punkt	0.80	4:24	5:30	4	0:21	18	1:29	0.80	4:24	5:30	4	0:21	18	1:29
oberhalb Alte Trä	5.50	39:59	7:16	5	5:21	20	13:53	6.30	44:23	7:02	5	5:38	19	15:22
Finish	6.40	46:35	7:16	5	8:05	26	16:46	12.70	1:30:58	7:09	5	13:33	32	32:08