



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Jüngling, Bernd

Club: Laufrausch Rudolstadt
Number: 211

Course: 12.70 km
Schneekopflauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:13:08

Speed: 9.85 km/h
Running performance: 5:46 min/km

Rank in course/Total: 118 (of 267)

Rank in course/Men: 113 (of 219)

Best time in course: 47:54

Rank in category: 11(of 29)

Best time in the category: 59:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	3:49	4:46	10	0:53	78	1:11	0.80	3:49	4:46	10	0:53	78	1:11
oberhalb Alte Trä	5.50	33:06	6:01	9	6:26	104	12:01	6.30	36:55	5:51	9	7:19	100	13:12
Finish	6.40	36:13	5:39	9	6:06	95	12:02	12.70	1:13:08	5:45	11	13:14	113	25:14