



14. Schneekopflauf  
Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Lich, Alexander

Club: SC DhfK Leipzig  
Number: 212

Course: 12.70 km  
Schneekopflauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:15:48

Speed: 9.50 km/h  
Running performance: 5:58 min/km

Rank in course/Total: 135 (of 267)

Rank in course/Men: 129 (of 219)

Best time in course: 47:54

Rank in category: 16(of 25)

Best time in the category: 54:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	3:58	4:57	9	1:10	89	1:20	0.80	3:58	4:57	9	1:10	89	1:20
oberhalb Alte Trä	5.50	34:33	6:16	14	9:59	123	13:28	6.30	38:31	6:06	13	11:09	119	14:48
Finish	6.40	37:17	5:49	12	10:02	111	13:06	12.70	1:15:48	5:58	16	21:11	129	27:54