



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Hesse, Martin

Club: Frankfurt/Main
Number: 3

Course: 12.70 km
Schneekopflauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:06:53

Speed: 10.77 km/h
Running performance: 5:16 min/km

Rank in course/Total: 55 (of 267)

Rank in course/Men: 52 (of 219)

Best time in course: 47:54

Rank in category: 5(of 35)

Best time in the category: 56:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	3:37	4:31	9	0:37	61	0:59	0.80	3:37	4:31	9	0:37	61	0:59
oberhalb Alte Trä	5.50	29:37	5:23	5	4:30	44	8:32	6.30	33:14	5:16	5	5:07	44	9:31
Finish	6.40	33:39	5:15	6	5:35	52	9:28	12.70	1:06:53	5:15	5	10:42	52	18:59