



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Guder, Steffen

Club: GutsMuths RSLV

Number: 32

Course: 12.70 km

Schneekopflauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:18:07

Speed: 9.22 km/h

Running performance: 6:09 min/km

Rank in course/Total: 150 (of 267)

Rank in course/Men: 138 (of 219)

Best time in course: 47:54

Rank in category: 23(of 33)

Best time in the category: 59:27

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| tiefster Punkt | 0.80 | 4:29 | 5:36 | 26 | 1:32 | 148 | 1:51 | 0.80 | 4:29 | 5:36 | 26 | 1:32 | 148 | 1:51 |
| oberhalb Alte Trä | 5.50 | 34:51 | 6:20 | 22 | 8:42 | 125 | 13:46 | 6.30 | 39:20 | 6:14 | 22 | 10:03 | 127 | 15:37 |
| Finish | 6.40 | 38:47 | 6:03 | 23 | 8:37 | 129 | 14:36 | 12.70 | 1:18:07 | 6:09 | 23 | 18:40 | 138 | 30:13 |