



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Vaßhage, Rou

Club: Suhl

Number: 222

Course: 12.70 km

Schneekopflauf

Category:

Männer (20-29 Jahre)

Total time: 1:16:24

Speed: 9.42 km/h

Running performance: 6:01 min/km

Rank in course/Total: 142 (of 267)

Rank in course/Men: 135 (of 219)

Best time in course: 47:54

Rank in category: 18(of 28)

Best time in the category: 47:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:19	5:23	20	1:41	135	1:41	0.80	4:19	5:23	20	1:41	135	1:41
oberhalb Alte Trä	5.50	33:49	6:08	16	12:44	116	12:44	6.30	38:08	6:03	17	14:25	117	14:25
Finish	6.40	38:16	5:58	19	14:05	120	14:05	12.70	1:16:24	6:00	18	28:30	135	28:30