



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Heller, Maik

Club: Geisa
Number: 223

Course: 12.70 km
Schneekopflauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:08:16

Speed: 10.55 km/h
Running performance: 5:23 min/km

Rank in course/Total: 68 (of 267)

Rank in course/Men: 64 (of 219)

Best time in course: 47:54

Rank in category: 17(of 35)

Best time in the category: 49:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	3:24	4:15	12	0:36	41	0:46	0.80	3:24	4:15	12	0:36	41	0:46
oberhalb Alte Trä	5.50	30:54	5:37	19	6:26	61	9:49	6.30	34:18	5:26	16	7:02	55	10:35
Finish	6.40	33:58	5:18	17	6:57	57	9:47	12.70	1:08:16	5:22	17	18:21	63	20:22