



14. Schneekopflauf  
Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Ziemke, Claudia

Club: Dream Team Ilmenau  
Number: 234

Course: 12.70 km  
Schneekopflauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:07:50

Speed: 10.61 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 65 (of 267)

Rank in course/Women: 4 (of 48)

Best time in course: 58:50

Rank in category: 1(of 6)

Best time in the category: 1:07:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
tiefster Punkt	0.80	3:40	4:34	1	-	4	0:45	0.80	3:40	4:34	1	-	4	0:45
oberhalb Alte Trä	5.50	30:11	5:29	1	-	4	4:05	6.30	33:51	5:22	1	-	4	4:50
Finish	6.40	33:59	5:18	1	-	4	4:10	12.70	1:07:50	5:20	1	-	4	9:00