



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Zemke, Ingo

Club: Dream Team Ilmenau

Number: 235

Course: 12.70 km

Schneekopflauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:10:02

Speed: 10.28 km/h

Running performance: 5:31 min/km

Rank in course/Total: 86 (of 267)

Rank in course/Men: 82 (of 219)

Best time in course: 47:54

Rank in category: 11(of 33)

Best time in the category: 59:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	3:40	4:34	8	0:43	66	1:02	0.80	3:40	4:34	8	0:43	66	1:02
oberhalb Alte Trä	5.50	31:00	5:38	9	4:51	64	9:55	6.30	34:40	5:30	9	5:23	63	10:57
Finish	6.40	35:22	5:31	14	5:12	80	11:11	12.70	1:10:02	5:30	11	10:35	82	22:08