



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Kahl, Monika

Club: Grabfeld-Runners
Number: 238

Course: 12.70 km
Schneekopflauf

Category:
Frauen (20-29 Jahre)

Total time: 1:03:29

Speed: 11.34 km/h
Running performance: 5:00 min/km

Rank in course/Total: 39 (of 267)

Rank in course/Women: 2 (of 48)

Best time in course: 58:50

Rank in category: 1(of 12)

Best time in the category: 1:03:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
tiefster Punkt	0.80	3:10	3:57	1	-	2	0:15	0.80	3:10	3:57	1	-	2	0:15
oberhalb Alte Trä	5.50	28:19	5:08	1	-	2	2:13	6.30	31:29	4:59	1	-	2	2:28
Finish	6.40	32:00	5:00	1	-	3	2:11	12.70	1:03:29	4:59	1	-	2	4:39