



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Dolge, Gerd

Club: Rennsteiglaufverein
Number: 239

Course: 12.70 km
Schneekopflauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:28:35

Speed: 8.60 km/h
Running performance: 6:59 min/km

Rank in course/Total: 222 (of 267)

Rank in course/Men: 196 (of 219)

Best time in course: 47:54

Rank in category: 5(of 7)

Best time in the category: 1:06:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:51	6:03	7	1:21	178	2:13	0.80	4:51	6:03	7	1:21	178	2:13
oberhalb Alte Trä	5.50	38:54	7:04	4	8:57	171	17:49	6.30	43:45	6:56	5	9:54	175	20:02
Finish	6.40	44:50	7:00	5	11:42	175	20:39	12.70	1:28:35	6:58	5	21:36	195	40:41