



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Seever, Thorsten

Club: SG Motor Arnstadt

Number: 241

Course: 12.70 km

Schneekopflauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:20:49

Speed: 8.91 km/h

Running performance: 6:22 min/km

Rank in course/Total: 177 (of 267)

Rank in course/Men: 162 (of 219)

Best time in course: 47:54

Rank in category: 21(of 29)

Best time in the category: 59:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:12	5:15	15	1:16	126	1:34	0.80	4:12	5:15	15	1:16	126	1:34
oberhalb Alte Trä	5.50	34:57	6:21	13	8:17	127	13:52	6.30	39:09	6:12	13	9:33	125	15:26
Finish	6.40	41:40	6:30	18	11:33	154	17:29	12.70	1:20:49	6:21	21	20:55	162	32:55