



14. Schneekopflauf
Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Holland-Moritz, Denny

Club: Rennsteiglaufverein LG Süd
Number: 245

Course: 12.70 km
Schneekopflauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 54:17

Speed: 13.26 km/h
Running performance: 4:16 min/km

Rank in course/Total: 4 (of 267)

Rank in course/Men: 4 (of 219)

Best time in course: 47:54

Rank in category: 2(of 35)

Best time in the category: 49:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	2:48	3:29	1	-	2	0:10	0.80	2:48	3:29	1	-	2	0:10
oberhalb Alte Trä	5.50	24:28	4:26	1	-	3	3:23	6.30	27:16	4:19	1	-	3	3:33
Finish	6.40	27:01	4:13	1	-	4	2:50	12.70	54:17	4:16	2	4:22	4	6:23