



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Hesse, Bernd

Club: HESSERUNNERS

Number: 37

Course: 12.70 km

Schneekopflauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:30:55

Speed: 7.92 km/h

Running performance: 7:10 min/km

Rank in course/Total: 235 (of 267)

Rank in course/Men: 205 (of 219)

Best time in course: 47:54

Rank in category: 7(of 7)

Best time in the category: 1:06:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:36	5:44	5	1:06	158	1:58	0.80	4:36	5:44	5	1:06	158	1:58
oberhalb Alte Trä	5.50	40:28	7:21	6	10:31	184	19:23	6.30	45:04	7:09	7	11:13	183	21:21
Finish	6.40	45:51	7:09	7	12:43	184	21:40	12.70	1:30:55	7:09	7	23:56	204	43:01