



14. Schneekopflauf
Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Held, Thoralf

Club: SSV Erfurt 02
Number: 672

Course: 12.70 km
Schneekopflauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:12:43

Speed: 9.90 km/h
Running performance: 5:44 min/km

Rank in course/Total: 113 (of 267)

Rank in course/Men: 108 (of 219)

Best time in course: 47:54

Rank in category: 10(of 29)

Best time in the category: 59:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
tiefster Punkt	0.80	fehlt!	-	-	-	-	-	0.80	-	-	-	-	-	-	-
oberhalb Alte Trä	5.50	fehlt!	-	-	-	-	-	6.30	-	-	-	-	-	-	-
Finish	6.40	1:12:43	11:21	28	42:36	211	48:32	12.70	1:12:43	5:43	10	12:49	108	24:49	