



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Arndt, Joachim

Club: GutsMuths-Rennsteig
Number: 24

Course: 12.70 km
Schneekopflauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:33:11

Speed: 7.73 km/h
Running performance: 7:20 min/km

Rank in course/Total: 244 (of 267)

Rank in course/Men: 209 (of 219)

Best time in course: 47:54

Rank in category: 13(of 13)

Best time in the category: 1:04:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
tiefster Punkt	0.80	5:03	6:18	11	1:48	192	2:25	0.80	5:03	6:18	11	1:48	192	2:25
oberhalb Alte Trä	5.50	40:57	7:26	11	12:01	187	19:52	6.30	46:00	7:18	11	13:49	191	22:17
Finish	6.40	47:11	7:22	11	14:40	189	23:00	12.70	1:33:11	7:20	13	28:29	208	45:17