



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Merker, Lars

Club: Team Merker

Number: 4

Course: 12.70 km

Schneekopflauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:19:33

Speed: 9.05 km/h

Running performance: 6:16 min/km

Rank in course/Total: 164 (of 267)

Rank in course/Men: 151 (of 219)

Best time in course: 47:54

Rank in category: 30(of 35)

Best time in the category: 49:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:48	5:59	32	2:00	173	2:10	0.80	4:48	5:59	32	2:00	173	2:10
oberhalb Alte Trä	5.50	36:06	6:33	28	11:38	143	15:01	6.30	40:54	6:29	28	13:38	146	17:11
Finish	6.40	38:39	6:02	27	11:38	127	14:28	12.70	1:19:33	6:15	30	29:38	151	31:39