



14. Schneekopflauf  
Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

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Club: Merkers  
Number: 42

Course: 12.70 km  
Schneekopflauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:21:45

Speed: 8.81 km/h  
Running performance: 6:26 min/km

Rank in course/Total: 185 (of 267)

Rank in course/Women: 16 (of 48)

Best time in course: 58:50

Rank in category: 3(of 5)

Best time in the category: 1:14:54

Intermediate times

Stage score

Total ranking

| Control           | Split<br>km | Split<br>Time | Split<br>min/km | Stage score |                |              |                 | Total ranking |               |                 |             |                |              |                 |
|-------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                   |             |               |                 | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| tiefster Punkt    | 0.80        | 4:19          | 5:23            | 3           | 0:36           | 12           | 1:24            | 0.80          | 4:19          | 5:23            | 3           | 0:36           | 12           | 1:24            |
| oberhalb Alte Trä | 5.50        | 36:16         | 6:35            | 3           | 3:02           | 12           | 10:10           | 6.30          | 40:35         | 6:26            | 3           | 3:11           | 12           | 11:34           |
| Finish            | 6.40        | 41:10         | 6:25            | 3           | 3:40           | 13           | 11:21           | 12.70         | 1:21:45       | 6:26            | 3           | 6:51           | 16           | 22:55           |