



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Heinrich, Marco

Club: Ebenhards
Number: 50

Course: 12.70 km
Schneekopflauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:20:00

Speed: 9.00 km/h
Running performance: 6:18 min/km

Rank in course/Total: 172 (of 267)

Rank in course/Men: 159 (of 219)

Best time in course: 47:54

Rank in category: 19(of 29)

Best time in the category: 59:54

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| tiefster Punkt | 0.80 | 5:05 | 6:21 | 24 | 2:09 | 194 | 2:27 | 0.80 | 5:05 | 6:21 | 24 | 2:09 | 194 | 2:27 |
| oberhalb Alte Trä | 5.50 | 35:04 | 6:22 | 14 | 8:24 | 128 | 13:59 | 6.30 | 40:09 | 6:22 | 16 | 10:33 | 137 | 16:26 |
| Finish | 6.40 | 39:51 | 6:13 | 16 | 9:44 | 140 | 15:40 | 12.70 | 1:20:00 | 6:17 | 19 | 20:06 | 159 | 32:06 |