



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Heinrich, Marco

Club: Ebenhards

Number: 50

Course: 12.70 km

Schneekopflauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:20:00

Speed: 9.00 km/h

Running performance: 6:18 min/km

Rank in course/Total: 172 (of 267)

Rank in course/Men: 159 (of 219)

Best time in course: 47:54

Rank in category: 19(of 29)

Best time in the category: 59:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	5:05	6:21	24	2:09	194	2:27	0.80	5:05	6:21	24	2:09	194	2:27
oberhalb Alte Trä	5.50	35:04	6:22	14	8:24	128	13:59	6.30	40:09	6:22	16	10:33	137	16:26
Finish	6.40	39:51	6:13	16	9:44	140	15:40	12.70	1:20:00	6:17	19	20:06	159	32:06