



14. Schneekopflauf  
Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Möller, Sebastian

Club: Formkarre.com  
Number: 5

Course: 12.70 km  
Schneekopflauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:01:42

Speed: 11.67 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 30 (of 267)

Rank in course/Men: 29 (of 219)

Best time in course: 47:54

Rank in category: 9(of 35)

Best time in the category: 49:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	2:57	3:41	6	0:09	13	0:19	0.80	2:57	3:41	6	0:09	13	0:19
oberhalb Alte Trä	5.50	27:33	5:00	8	3:05	26	6:28	6.30	30:30	4:50	7	3:14	23	6:47
Finish	6.40	31:12	4:52	9	4:11	27	7:01	12.70	1:01:42	4:51	9	11:47	29	13:48