



# 14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

## Detailed evaluation

**Möller, Sebastian**

Club: Formkarre.com  
Number: 5

Course: 12.70 km  
Schneekopflauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:01:42

Speed: 11.67 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 30 (of 267)

Rank in course/Men: 29 (of 219)

Best time in course: 47:54

Rank in category: 9(of 35)

Best time in the category: 49:55

### Intermediate times

### Stage score

### Total ranking

| Control           | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                   |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| tiefster Punkt    | 0.80        | 2:57          | 3:41            | 6           | 0:09           | 13          | 0:19          | 0.80          | 2:57          | 3:41            | 6           | 0:09           | 13         | 0:19          |
| oberhalb Alte Trä | 5.50        | 27:33         | 5:00            | 8           | 3:05           | 26          | 6:28          | 6.30          | 30:30         | 4:50            | 7           | 3:14           | 23         | 6:47          |
| Finish            | 6.40        | 31:12         | 4:52            | 9           | 4:11           | 27          | 7:01          | 12.70         | 1:01:42       | 4:51            | 9           | 11:47          | 29         | 13:48         |