



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Morgenbrodt, Sören

Club: Liebenstein

Number: 53

Course: 12.70 km

Schneekopflauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:12:00

Speed: 10.00 km/h

Running performance: 5:40 min/km

Rank in course/Total: 105 (of 267)

Rank in course/Men: 100 (of 219)

Best time in course: 47:54

Rank in category: 25(of 35)

Best time in the category: 49:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:45	5:56	31	1:57	166	2:07	0.80	4:45	5:56	31	1:57	166	2:07
oberhalb Alte Trä	5.50	32:43	5:56	24	8:15	98	11:38	6.30	37:28	5:56	25	10:12	110	13:45
Finish	6.40	34:32	5:23	19	7:31	66	10:21	12.70	1:12:00	5:40	25	22:05	100	24:06