



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Ludwig, Ivette

Club: DLRG Gotha
Number: 60

Course: 12.70 km
Schneekopflauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:14:54

Speed: 9.61 km/h
Running performance: 5:54 min/km

Rank in course/Total: 131 (of 267)

Rank in course/Women: 6 (of 48)

Best time in course: 58:50

Rank in category: 1(of 5)

Best time in the category: 1:14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
tiefster Punkt	0.80	4:10	5:12	2	0:27	11	1:15	0.80	4:10	5:12	2	0:27	11	1:15
oberhalb Alte Trä	5.50	33:14	6:02	1	-	5	7:08	6.30	37:24	5:56	1	-	5	8:23
Finish	6.40	37:30	5:51	1	-	5	7:41	12.70	1:14:54	5:53	1	-	6	16:04