



14. Schneekopflauf
Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Rübsam, Birgit

Club: Buttlar
Number: 70

Course: 12.70 km
Schneekopflauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:31:14

Speed: 7.89 km/h
Running performance: 7:11 min/km

Rank in course/Total: 241 (of 267)

Rank in course/Women: 34 (of 48)

Best time in course: 58:50

Rank in category: 6(of 9)

Best time in the category: 1:04:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
tiefster Punkt	0.80	4:43	5:53	4	1:25	23	1:48	0.80	4:43	5:53	4	1:25	23	1:48
oberhalb Alte Trä	5.50	40:40	7:23	3	11:35	23	14:34	6.30	45:23	7:12	5	13:00	25	16:22
Finish	6.40	45:51	7:09	5	14:02	23	16:02	12.70	1:31:14	7:11	6	27:02	35	32:24