



# 14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

## Detailed evaluation

**Simon, Holger**

Club: Schmalkalden  
Number: 102

Course: 12.70 km  
Schneekopflauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:22:24

Speed: 8.74 km/h  
Running performance: 6:29 min/km

Rank in course/Total: 187 (of 267)

Rank in course/Men: 170 (of 219)

Best time in course: 47:54

Rank in category: 31(of 35)

Best time in the category: 49:55

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:06	5:07	23	1:18	108	1:28	0.80	4:06	5:07	23	1:18	108	1:28
oberhalb Alte Trä	5.50	36:59	6:43	29	12:31	152	15:54	6.30	41:05	6:31	29	13:49	147	17:22
Finish	6.40	41:19	6:27	30	14:18	152	17:08	12.70	1:22:24	6:29	31	32:29	170	34:30