



14. Schneekopflauf

Schmiedefeld - Schneekopf / 02.07.2016

Detailed evaluation

Helms, Annika

Club: Erfurt
Number: 112

Course: 12.70 km
Schneekopflauf

Category:
Frauen (20-29 Jahre)

Total time: 1:40:31

Speed: 7.16 km/h
Running performance: 7:55 min/km

Rank in course/Total: 263 (of 267)

Rank in course/Women: 45 (of 48)

Best time in course: 58:50

Rank in category: 12(of 12)

Best time in the category: 1:03:29

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|-------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| tiefster Punkt | 0.80 | 5:00 | 6:15 | 8 | 1:50 | 33 | 2:05 | 0.80 | 5:00 | 6:15 | 8 | 1:50 | 33 | 2:05 |
| oberhalb Alte Trä | 5.50 | 44:25 | 8:04 | 9 | 16:06 | 36 | 18:19 | 6.30 | 49:25 | 7:50 | 9 | 17:56 | 37 | 20:24 |
| Finish | 6.40 | 51:06 | 7:59 | 9 | 19:06 | 36 | 21:17 | 12.70 | 1:40:31 | 7:54 | 12 | 37:02 | 46 | 41:41 |