



19. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 22.10.2016

Detailed evaluation

Schade, Andreas

Club: Eaton Germany GmbH
Number: 330

Course: 10.50 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 40 bis 49 Jahre

Total time: 51:34

Speed: 11.64 km/h
Running performance: 4:55 min/km

Rank in course/Total: 94 (of 389)

Rank in course/Men: 85 (of 301)

Best time in course: 32:58

Rank in category: 25(of 83)

Best time in the category: 35:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.10	10:55	5:11	36	4:04	125	4:33	2.10	10:55	5:11	36	4:04	125	4:33
Rundenzeit	2.10	9:27	4:29	18	2:28	69	7:49	4.20	20:22	4:50	26	6:32	92	7:28
Rundenzeit	2.10	10:17	4:53	26	3:10	91	3:37	6.30	30:39	4:51	26	9:42	88	11:05
Rundenzeit	2.10	10:29	4:59	25	3:19	88	3:49	8.40	41:08	4:53	25	13:01	87	14:54
Finish	2.10	10:26	4:58	25	3:15	98	3:42	10.50	51:34	4:54	25	16:16	85	18:36