



# 19. Sondershäuser Kristall-Lauf

Brügman-Schacht Sondershausen / 22.10.2016

## Detailed evaluation

**Masuch, Tina**

Club: SG Stern Hamburg  
Number: 252

Course: 10.50 km  
10 km (680 m unter der Erdoberfläche)

Category:  
Frauen 40 bis 49 Jahre

Total time: 53:50

Speed: 11.15 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 131 (of 389)

Rank in course/Women: 15 (of 88)

Best time in course: 45:40

Rank in category: 6(of 22)

Best time in the category: 48:25

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	2.10	11:40	5:33	7	2:42	23	2:51	2.10	11:40	5:33	7	2:42	23	2:51
Rundenzeit	2.10	10:20	4:55	7	0:44	18	8:42	4.20	22:00	5:14	7	3:26	20	4:06
Rundenzeit	2.10	10:30	5:00	5	0:41	12	1:16	6.30	32:30	5:09	7	4:07	19	5:15
Rundenzeit	2.10	10:40	5:04	4	0:43	12	1:11	8.40	43:10	5:08	6	4:38	16	6:21
Finish	2.10	10:40	5:04	4	0:48	13	1:50	10.50	53:50	5:07	6	5:25	15	8:10