



# 19. Sondershäuser Kristall-Lauf

Brügman-Schacht Sondershausen / 22.10.2016

## Detailed evaluation

**Mohrhenn, Kurt**

Club: TV Erkelenz 1860 e.V.  
Number: 266

Course: 10.50 km  
10 km (680 m unter der Erdoberfläche)

Category:  
Männer 60 bis 69 Jahre

Total time: 54:28

Speed: 11.02 km/h  
Running performance: 5:11 min/km

Rank in course/Total: 150 (of 389)

Rank in course/Men: 131 (of 301)

Best time in course: 32:58

Rank in category: 6(of 24)

Best time in the category: 43:40

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.10	11:52	5:39	9	3:22	176	5:30	2.10	11:52	5:39	9	3:22	176	5:30
Rundenzeit	2.10	10:31	5:00	5	1:58	137	8:53	4.20	22:23	5:19	8	5:20	160	9:29
Rundenzeit	2.10	10:23	4:56	2	1:35	103	3:43	6.30	32:46	5:12	6	6:55	135	13:12
Rundenzeit	2.10	10:43	5:06	2	1:55	105	4:03	8.40	43:29	5:10	6	8:50	132	17:15
Finish	2.10	10:59	5:13	6	1:58	132	4:15	10.50	54:28	5:11	6	10:48	131	21:30