



19. Sondershäuser Kristall-Lauf

Brügman-Schacht Sondershausen / 22.10.2016

Detailed evaluation

Kudlek, Mathias

Club: Hartmanns Reste
Number: 219

Course: 10.50 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 50 bis 59 Jahre

Total time: 55:48

Speed: 10.75 km/h
Running performance: 5:19 min/km

Rank in course/Total: 171 (of 389)

Rank in course/Men: 148 (of 301)

Best time in course: 32:58

Rank in category: 41(of 86)

Best time in the category: 42:31

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.10	11:15	5:21	39	3:12	141	4:53	2.10	11:15	5:21	39	3:12	141	4:53
Rundenzeit	2.10	10:43	5:06	43	2:19	161	9:05	4.20	21:58	5:13	40	5:31	147	9:04
Rundenzeit	2.10	11:10	5:19	42	2:33	160	4:30	6.30	33:08	5:15	40	8:03	147	13:34
Rundenzeit	2.10	11:18	5:22	37	2:31	150	4:38	8.40	44:26	5:17	41	10:33	149	18:12
Finish	2.10	11:22	5:24	39	3:01	153	4:38	10.50	55:48	5:18	41	13:17	148	22:50