



19. Sondershäuser Kristall-Lauf

Brügman-Schacht Sondershausen / 22.10.2016

Detailed evaluation

Hübscher, Adolf

Club: Kleines Fenn
Number: 177

Course: 10.50 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 50 bis 59 Jahre

Total time: 55:56

Speed: 10.73 km/h
Running performance: 5:20 min/km

Rank in course/Total: 174 (of 389)

Rank in course/Men: 151 (of 301)

Best time in course: 32:58

Rank in category: 42(of 86)

Best time in the category: 42:31

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.10	11:01	5:14	37	2:58	132	4:39	2.10	11:01	5:14	37	2:58	132	4:39
Rundenzeit	2.10	10:51	5:09	47	2:27	170	9:13	4.20	21:52	5:12	38	5:25	143	8:58
Rundenzeit	2.10	11:20	5:23	46	2:43	174	4:40	6.30	33:12	5:16	41	8:07	148	13:38
Rundenzeit	2.10	11:32	5:29	44	2:45	162	4:52	8.40	44:44	5:19	44	10:51	156	18:30
Finish	2.10	11:12	5:19	37	2:51	145	4:28	10.50	55:56	5:19	42	13:25	151	22:58