



19. Sondershäuser Kristall-Lauf

Brügman-Schacht Sondershausen / 22.10.2016

Detailed evaluation

Gerth, Bartolomeo

Club: Hildesheim
Number: 127

Course: 10.50 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 30 bis 39 Jahre

Total time: 56:21

Speed: 10.65 km/h
Running performance: 5:22 min/km

Rank in course/Total: 183 (of 389)

Rank in course/Men: 159 (of 301)

Best time in course: 32:58

Rank in category: 47(of 68)

Best time in the category: 32:58

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.10	9:54	4:42	18	3:32	62	3:32	2.10	9:54	4:42	18	3:32	62	3:32
Rundenzeit	2.10	11:32	5:29	57	5:00	211	9:54	4.20	21:26	5:06	41	8:32	129	8:32
Rundenzeit	2.10	12:54	6:08	62	6:14	251	6:14	6.30	34:20	5:26	53	14:46	187	14:46
Rundenzeit	2.10	11:05	5:16	43	4:25	135	4:25	8.40	45:25	5:24	49	19:11	168	19:11
Finish	2.10	10:56	5:12	41	4:12	129	4:12	10.50	56:21	5:22	47	23:23	159	23:23