



19. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 22.10.2016

Detailed evaluation

Globig, Corina

Club: SC DHfK Leipzig
Number: 129

Course: 10.50 km
10 km (680 m unter der Erdoberfläche)

Category:
Frauen 20 bis 29 Jahre

Total time: 59:11

Speed: 10.14 km/h
Running performance: 5:38 min/km

Rank in course/Total: 220 (of 389)

Rank in course/Women: 25 (of 88)

Best time in course: 45:40

Rank in category: 3(of 14)

Best time in the category: 49:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	2.10	12:19	5:51	6	1:39	33	3:30	2.10	12:19	5:51	6	1:39	33	3:30
Rundenzeit	2.10	11:03	5:15	3	9:25	24	9:25	4.20	23:22	5:33	3	2:12	26	5:28
Rundenzeit	2.10	11:29	5:28	3	1:57	25	2:15	6.30	34:51	5:31	3	4:09	25	7:36
Rundenzeit	2.10	12:04	5:44	4	2:34	27	2:35	8.40	46:55	5:35	3	6:43	25	10:06
Finish	2.10	12:16	5:50	7	2:48	36	3:26	10.50	59:11	5:38	3	9:31	25	13:31