



19. Sondershäuser Kristall-Lauf

Brügman-Schacht Sondershausen / 22.10.2016

Detailed evaluation

Hübner, Thomas

Club: Sachsen-Express

Number: 176

Course: 10.50 km

10 km (680 m unter der Erdoberfläche)

Category:

Männer 40 bis 49 Jahre

Total time: 56:23

Speed: 10.64 km/h

Running performance: 5:22 min/km

Rank in course/Total: 185 (of 389)

Rank in course/Men: 161 (of 301)

Best time in course: 32:58

Rank in category: 39(of 83)

Best time in the category: 35:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.10	10:31	5:00	26	3:40	95	4:09	2.10	10:31	5:00	26	3:40	95	4:09
Rundenzeit	2.10	10:56	5:12	50	3:57	177	9:18	4.20	21:27	5:06	36	7:37	130	8:33
Rundenzeit	2.10	11:28	5:27	48	4:21	182	4:48	6.30	32:55	5:13	38	11:58	139	13:21
Rundenzeit	2.10	12:00	5:42	49	4:50	189	5:20	8.40	44:55	5:20	41	16:48	161	18:41
Finish	2.10	11:28	5:27	40	4:17	159	4:44	10.50	56:23	5:22	39	21:05	161	23:25