



19. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 22.10.2016

Detailed evaluation

Schuchert, Christoph

Club: TTV 90 Klettenberg
Number: 357

Course: 10.50 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 20 bis 29 Jahre

Total time: 59:13

Speed: 10.13 km/h
Running performance: 5:38 min/km

Rank in course/Total: 221 (of 389)

Rank in course/Men: 196 (of 301)

Best time in course: 32:58

Rank in category: 24(of 30)

Best time in the category: 42:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.10	12:20	5:52	22	4:27	199	5:58	2.10	12:20	5:52	22	4:27	199	5:58
Rundenzeit	2.10	11:01	5:14	23	9:23	188	9:23	4.20	23:21	5:33	24	7:05	202	10:27
Rundenzeit	2.10	11:37	5:31	24	2:47	190	4:57	6.30	34:58	5:33	24	9:52	195	15:24
Rundenzeit	2.10	11:57	5:41	24	3:09	188	5:17	8.40	46:55	5:35	24	13:01	193	20:41
Finish	2.10	12:18	5:51	26	3:56	218	5:34	10.50	59:13	5:38	24	16:57	196	26:15