



19. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 22.10.2016

Detailed evaluation

Schuchert, Christoph

Club: TTV 90 Klettenberg
Number: 357

Course: 10.50 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 20 bis 29 Jahre

Total time: 59:13

Speed: 10.13 km/h
Running performance: 5:38 min/km

Rank in course/Total: 221 (of 389)

Rank in course/Men: 196 (of 301)

Best time in course: 32:58

Rank in category: 24(of 30)

Best time in the category: 42:16

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|------------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Rundenzeit | 2.10 | 12:20 | 5:52 | 22 | 4:27 | 199 | 5:58 | 2.10 | 12:20 | 5:52 | 22 | 4:27 | 199 | 5:58 |
| Rundenzeit | 2.10 | 11:01 | 5:14 | 23 | 9:23 | 188 | 9:23 | 4.20 | 23:21 | 5:33 | 24 | 7:05 | 202 | 10:27 |
| Rundenzeit | 2.10 | 11:37 | 5:31 | 24 | 2:47 | 190 | 4:57 | 6.30 | 34:58 | 5:33 | 24 | 9:52 | 195 | 15:24 |
| Rundenzeit | 2.10 | 11:57 | 5:41 | 24 | 3:09 | 188 | 5:17 | 8.40 | 46:55 | 5:35 | 24 | 13:01 | 193 | 20:41 |
| Finish | 2.10 | 12:18 | 5:51 | 26 | 3:56 | 218 | 5:34 | 10.50 | 59:13 | 5:38 | 24 | 16:57 | 196 | 26:15 |