



19. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 22.10.2016

Detailed evaluation

Warth, Peter

Club: TV 1904 Coburg-Lützelbuch
Number: 424

Course: 10.50 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 50 bis 59 Jahre

Total time: 1:05:36

Speed: 9.15 km/h
Running performance: 6:15 min/km

Rank in course/Total: 304 (of 389)

Rank in course/Men: 255 (of 301)

Best time in course: 32:58

Rank in category: 70(of 86)

Best time in the category: 42:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Rundenzeit	2.10	13:52	6:36	74	5:49	270	7:30	2.10	13:52	6:36	74	5:49	270	7:30				
Rundenzeit	2.10	12:52	6:07	72	4:28	262	11:14	4.20	26:44	6:21	75	10:17	271	13:50				
Rundenzeit	2.10	12:56	6:09	71	4:19	255	6:16	6.30	39:40	6:17	73	14:35	264	20:06				
Rundenzeit	2.10	13:17	6:19	69	4:30	253	6:37	8.40	52:57	6:18	72	19:04	264	26:43				
Finish	2.10	12:39	6:01	63	4:18	230	5:55	10.50	1:05:36	6:14	70	23:05	255	32:38				