



19. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 22.10.2016

Detailed evaluation

Krimm, Erik

Club: SG Stern Hamburg
Number: 213

Course: 10.50 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 40 bis 49 Jahre

Total time: 1:06:03

Speed: 9.08 km/h
Running performance: 6:17 min/km

Rank in course/Total: 310 (of 389)

Rank in course/Men: 258 (of 301)

Best time in course: 32:58

Rank in category: 72(of 83)

Best time in the category: 35:18

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Rundenzeit | 2.10 | 13:41 | 6:30 | 73 | 6:50 | 263 | 7:19 | 2.10 | 13:41 | 6:30 | 73 | 6:50 | 263 | 7:19 |
| Rundenzeit | 2.10 | 13:01 | 6:11 | 77 | 6:02 | 267 | 11:23 | 4.20 | 26:42 | 6:21 | 77 | 12:52 | 270 | 13:48 |
| Rundenzeit | 2.10 | 13:01 | 6:11 | 73 | 5:54 | 257 | 6:21 | 6.30 | 39:43 | 6:18 | 76 | 18:46 | 265 | 20:09 |
| Rundenzeit | 2.10 | 13:08 | 6:15 | 70 | 5:58 | 248 | 6:28 | 8.40 | 52:51 | 6:17 | 75 | 24:44 | 262 | 26:37 |
| Finish | 2.10 | 13:12 | 6:17 | 68 | 6:01 | 249 | 6:28 | 10.50 | 1:06:03 | 6:17 | 72 | 30:45 | 258 | 33:05 |